How Do I Refer?

Visit us at the Howe Center, 7th floor and complete a brief application for services.

Call our office at 201-216-5177 and we can schedule an appointment for you.

E-mail us at: stevenscounseling@stevens.edu

stevens.edu/counseling

*Note: Keep in mind e-mail is not a confidential form of communication.

**E-mail is NOT to be used for emergencies. For emergencies during normal business hours, please come directly to our office on the 7th floor of the Howe Center.

For after hour emergencies, please contact Campus Police at 201-216-3911.

Student Counseling and Disability Services (SCADS)

An informational overview of the counseling and disability services available to Stevens students, faculty and staff.

Business Hours
Monday—Friday
9am—5pm
Evening hours vary by semester.

STAFF
Jodi B. Streich, Ph.D.
Director
Melissa Shuman Zarin, Ph.D.
Supervising Psychologist
Lauren Poleyeff, Psy.M., LCSW
Disability Services Coordinator
Jessica Shimberg, Ph.D.
Staff Psychologist
Mai El Khoury, Ph.D.
Staff Psychologist
Jeremy Novich, Psy.D.
Postdoctoral Psychology Fellow
Daniel Bascara, M.D.
Staff Psychiatrist
Michael Jackson, M.D.
Staff Psychiatrist
Jeannine Beauzil, B.S.
Administrative Assistant

STEVENS INSTITUTE OF TECHNOLOGY

Howe Center, 7th Floor
Castle Point on the Hudson
Hoboken, New Jersey 07030
Phone: 201-216-5177
Fax: 201-216-5629
E-mail: stevenscounseling@stevens.edu
Some Reasons to Seek Counseling

Personal Concerns:
Adjusting to college, acculturation issues, difficulty coping, stress, past traumatic experiences, social concerns, sexuality, family crisis, excessive video gaming, roommate concerns and other personal issues.

Psychological Issues:
Depression, anxiety, panic, eating disorders, substance misuse/abuse, suicidal, attention/concentration difficulties, sleep disorders and other psychological issues.

Interpersonal Concerns:
Communication skills, dating/relationships, conflict management.

Crisis Intervention Services:
Acute stress, sexual assault, death of a family member or friend.

Our door is open to you!

Disability Services
Provide:
Psychological报告或其他测试结果需要在3年内。

The assessment must reflect the current impact of the student’s disabilities on academic performance, particularly within the college setting.

Testing should be completed by a licensed health care provider, such as a clinical or educational psychologist, neuropsychologist, learning disability specialist, or physician specializing in learning disabilities.

Assessment must include:
Dates of the testing
Credentials of the person completing the evaluation
A DSM-5 diagnosis
A summary of how this specific disability would impact performance in the college setting
A list of recommendations to accommodate this disability at the college level.

Once Approved by our office:
Initiate a request for the implementation of these accommodations AS EARLY AS POSSIBLE EACH SEMESTER You can obtain a “Consent form for Disability Accommodations” from the counseling office, website, or our bulletin board.