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From The Mussar Movement, Volume 1, pages 209 - 210.

Probably, it was at his insistence that the doctors gave their services free, accepting no remuneration either from poor or rich. He also arranged speedy service, somewhat after the manner of modern "First Aid." He gathered some sixty or seventy young men, "G-d-fearing and learned in Torah," and divided them into shifts, to come to the immediate aid of whoever was in need, irrespective of place or time of day or night. Dangerous as it might have been, he himself would appear everywhere to urge on the volunteers. He would make a special point of paying his visits on Fridays and Saturdays to ensure that the efforts would not slacken through fear of desecrating the Shabbat. Since danger to life was involved, he gave extremely lenient rulings on forbidden foods and Shabbat observance. He gave explicit orders that all activities must be maintained on Shabbat just as on weekdays, and these be performed by Jews and not Gentiles. And he was adamant in his insistence.

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