The RYS Daily 12/18/06 Vilna X

From The Mussar Movement, Volume 1, Part 1, pages 205 -206.

R. Israel also delivered Mussar addresses to his students in the Zarece Bet Midrash and he trained them in the acquisition of a G-d fearing nature and ethical character. None of these addresses were written down; the only record extant is of the few that R. Shneor Zalman Hirshowitz, later rabbi of Goldingen, had listened to in that Bet Midrash during 1845 and 1846, had committed to writing, and published, with R. Israel's consent, in his Even Yisrael.

R. Israel also circulated Musar works among the masses. In addition to commending the well-known classics which he urged the populace to read, he was also responsible for the reprinting, in 1844, of R. Moshe Chaim Luzzato's Mesillat Yesharim (Path of the Just) R. Mendel Lefin of Satanow's Cheshbon Hanefesh, and the next year of R. Solomon Ibn Gabirol's Goren Nachon.

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